## How to Best Utilize Mentoring Relationships

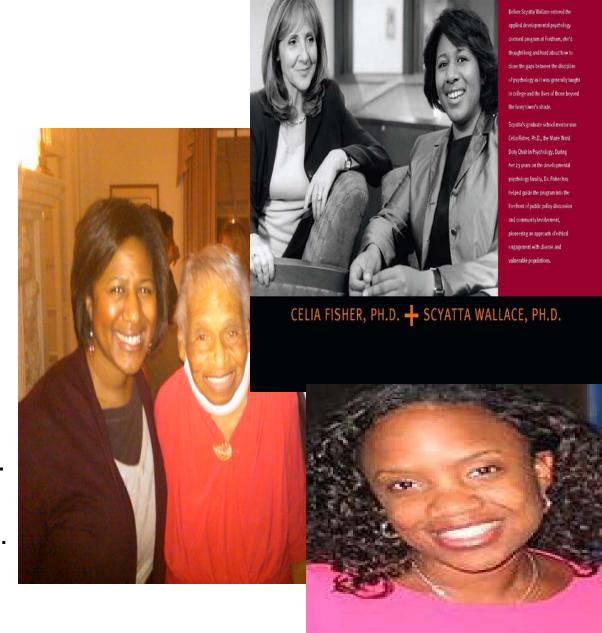
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St. John's University
Fordham Research Ethics Training Institute
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- ▶ Take advantage of mentors ---those leaders who will support you in your chosen direction, even if it differs from theirs.
- Sara Vecchiotti, Ph.D., Esq
  - Fordham University- Ph.D.- Developmental Psychology 2004, NYU Law School-JD, 2004
  - Acting Deputy Commissioner for the Division of Child Care and Head Start, NYC Administration for Children's Services (ACS).

During graduate school I found mentors from multiple places who are now close friends

- Research Mentor
  - Celia Fisher, Ph.D.
- Legend Role Model
  - · Olivia Hooker, Ph.D.
- Peer
  - Deidre Anglin, Ph.D.



## **Early Career**

Look both at your institution and outside of your institution

for mentoring opportunities

Training Programs

Post Doc at Centers for Disease Control

UCSF Center for AIDS Prevention Studies VP

Peers

SJU untenured Psychology faculty

- Legend Role Models
  - Kathy Saunders-Phillips, Ph.D.
  - NIDA R03 Consultant





I spent my entire graduate school career being asked: "Sociology—what will you do with a PhD. in THAT!!!?"...

Well, I am doing real world applied work that makes a difference, reaching over 100,000 families in 8 sub-Saharan African counties (and I'm just getting started).

Best advice: Listen and don't make assumptions.

- Kim S. Miller, Ph.D.
  - Ph.D. Sociology– Emory University
  - Senior Advisor for Youth Prevention, Centers for Disease Control and Prevention, Center for Global Health

## Take Advantage of Professional Opportunities to find Mentors



- Early in my training and career, I always knew best what I didn't want to do. I didn't want to work for the government and I didn't want to do work related to drugs and alcohol. I did both! It has been one of the most rewarding experiences of my life in that it allowed me to help shape a national research agenda on one of the most significant public health problems facing all our communities. I learned to be open to new directions.
- Lula Beatty, Ph.D.
  - Ph.D.- Clinical Psychology
  - Director, Special Populations office National Institutes on Drug Abuse
    - On assignment at the American Psychological Association, Health Disparities Initiative

## Take time to Mentor the next generation of leaders

Wallace, S.A., Hooper, L. Persad, M.\* (July, online first). Brothers, Sisters and Fictive Kin. Communication about sex among urban Black siblings. Youth and Society.

\*was a MPH student- Received MD and is now completing OB-GYN residency

